

May 2019

President's Luncheon

May 4

11:30 a.m. to 1:30 p.m.

Canyon Club at Four Hills

911 Four Hills Rd SE

Directions

The Canyon Club at Four Hills is located South of Central. There is a traffic light at Central and Four Hills Rd SE. Turn south and move immediately into the left lane. There will be a fork in the road. Just past the fork move into the right lane. There is a sign for Canyon Club at Four Hills. The address is 911 Four Hills Rd. SE. Parking is available. The club uses a golf cart to transport visitors when the parking lot is busy. The dining room is on the second floor. There will be a sign at the foot of the stairs. An elevator is available behind the stairway.

Senora Vivian from Brazil



Since the beginning of time, storytelling has brought people together through entertainment and education and Vivian Harris keeps this rich tradition alive. Vivian enchants children of all ages through her fun and delightful way of storytelling. From school-aged children to senior citizens, her stories not only entertain, but foster learning, as well.

Vivian is the owner of Harris and Associates, a public speaking and training company. She has over 20 years of experience as a college instructor. She taught communication and business courses at University of New Mexico, University of Phoenix, New Mexico State University and Central New Mexico Community College. Vivian is also a member of the Albuquerque Branch.

Menu

GREEK SALAD

fresh greens & spinach, sliced black olive, tomato,
feta cheese, crostini and choice of dressing

SHRIMP TACO SALAD
crispy flour tortilla shell, arcadian blend greens,
corkscrew shrimp, pico de gallo, avocado, ancho chile aioli

TRIO PLATE
choice of homestyle chicken or tuna salad
pasta salad, fresh fruit
house made crackers

Key Lime Pie

Meal Price \$29

The Telephone Task Force will be calling members for reservations for the luncheon. Reservations must be made by noon on April 30.



The Brain and Creativity

Rex Jung, Ph.D. professor of neurosurgery at the University of New Mexico Health Sciences Center spoke at the April 6 meeting. Dr. Jung is a Neuropsychologist, brain imaging researcher, and a clinical professor of neurosurgery at the University of New Mexico. Through a PowerPoint presentation Dr. Jung reviewed the research he has conducted during the past 25 years about creativity and the brain.

He described creativity as the ability to produce something novel and useful. People who are creative develop lots of ideas. Some work, some do not. People who are considered to be have a high intellect are usually competent in two areas. Example was Einstein was a physics genius and he also played the violin. Creativity is also found in persons with low intelligence.

He described ways an individual could increase their creativity through exercise, meditation, warm baths, long walks, and napping. Other activities include new experiences, travel, reading, and getting out of one's bubble.

Proposed changes to the Bylaws of the Albuquerque Branch

At the May meeting, members will be asked to approve changes in the Branch Bylaws. The Board of Directors voted unanimously to present the changes below to the membership. Items to be deleted are in red with cross out. Proposed changes are in green print.

ARTICLE VIII. BRANCH MEMBERSHIP AND DUES

c. Member dues shall be payable as follows:

- (1) Continuing Members pay Branch, AAUW-NM and AAUW National dues.
- (2) Paid Life Members continue to pay Branch and AAUW-NM dues.
- (3) Honorary Life Members are exempt from paying Branch and AAUW-NM dues.
- (4) New members may join at any time. Dues are payable upon joining and shall be

forwarded to AAUW immediately.

(5) Dues are payable ~~on or before~~ between March 15 and July 1 for the upcoming fiscal year.

(6) Payment of additional dues shall be waived for a transferring member whose current dues have been paid to another branch.

ARTICLE IX. OFFICERS, NOMINATIONS, AND ELECTIONS

f. The appointed officers of the Branch shall be appointed by the president upon the recommendation of the executive committee and with the majority approval of the Board. Additional officers may be appointed as may be deemed necessary to carry on the work of the Branch. The schedule is: (1) In even-numbered years: i. Governance Task Force Chair (includes bylaws and policies and procedures), ii. ~~Calling committee chair~~ Telephone Task Force Chair, iii. Interest Group Coordinator, iv. Public Policy Chair, v. STEM Task Force Chair;

(1) In even-numbered years: i. President, ii. Membership Vice President, iii. Secretary, iv. AAUW Funds Chair.

(2) In odd-numbered years: i. Education Representative, ii. Yearbook Editor, iii. Newsletter Editor, iv. Media Relations Chair, v. ~~Social Activities Working Group~~ Hospitality Chair, vi. Financial Review Task Force Chair.

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Section 1. Officers.

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(2) In odd-numbered years: i. Education Representative, ii. Yearbook Editor, iii. Newsletter Editor, iv. Media Relations Chair, v. ~~Social Activities Working Group~~ Hospitality Chair, vi. Financial Review Task Force Chair.

Section 4. Nominations and Elections of Officers.

b. Any directorship office to be filled by reason of an increase in the number of directors ~~maybe~~ may be filled by the Board of Directors for a term of office continuing only until the next election of directors.



Unprecedented efforts of more than twenty organizations, disinformation and unethical tactics were used by anti-choice advocates to defeat HB51 to decriminalize abortion from passing out of the Senate. Eight Democrats joined with Republican Senators to defeat HB51 when it reached the Senate floor. Five anti-choice bills were killed in committee hearings. HB89 Contraceptive Coverage was signed into law by the Governor on April 4. HB89 requires the provision of no cost six- month supplies of contraceptives and no cost

contraception for men (condoms and vasectomies). This aligns New Mexico's regulations with current federal law and provides consistent access to contraceptives if the federal regulations are revised or eliminated. Thanks to everyone who supported reproductive healthcare during the 2019 session of the New Mexico Legislature.

Linda McDowell

Tech Trek

The Selection Committee consisting of Helena Whyte, Justine Bayliss, Lorraine Garcia, Phyllis Ludi and Sylvia Fink met at Santa Fe Southside Library Saturday, April 6. Sixty potential campers and eight alternates were selected from the 130 applicants. Invitations were sent to the sixty-eight potential campers. Of the total applicants: one withdrew after interview, one never responded in order to interview, three did not show and would not reschedule.

The financial situation continues to be very good. We have received \$45,512 in corporate and government donations to date. Requests and expected other donations come to around \$45,000. We have \$66,829.18 in our Account. Core teachers have been hired and other staff have been interviewed.

The Tech Trek reunion was attended by 19 middle schoolers and 14 high schoolers. Twenty of the attendees were from the 2018 camp. Also, in attendance were seven Trek Tech mentors, Helena Whyte, 2018 Co-Director and current Tech Trek President from Los Alamos.

Sylvia Fink STEM Chair

Request from Sonya Berg, AAUW-NM Public Policy Chair

Our annual AAUW NM convention in Las Cruces this year in April will focus on the suffrage movement. We want all sections of New Mexico to be represented in an overview of the suffrage movement in New Mexico. I already have several documents relating to NM. I will be happy to share these with whomever is interested in doing research about women and events in your neck of the state. I will tell you that information in the rural areas is very sketchy and at that time that was most of the state. I think probably the most "neglected" part of the state will be the SE and NW, would you be willing to do some research and look into this.

This is not only an AAUW effort, but also there is a coalition that is working throughout the state to develop a historical review of the Suffrage Movement: Important Women and Events in New Mexico. This is a very special 100-year celebration for "Votes for Women." Information about women and the Suffrage Movement.

This is a very special 100-year celebration for "Votes for Women". Information about women and the Suffrage Movement in New Mexico can be sent to Sonya Berg at berg.sonya42@gmail.com.



Membership

Thanks so much for all the members who renewed their membership by the April meeting. There were 16 renewals and one new member. Please bring your checkbook to the meeting so you will remember to pay your dues

1. Pay dues at May General Meetings
2. Mail dues to "AAUW Albuquerque Branch, Albuquerque Branch Treasurer, PO Box 92643, Albuquerque, NM 87199-2643. After the May luncheon, an e-mail will be sent to members to remind them to renew their dues by July 1. Members that do not use e-mail will be notified by mail.
3. Renew online at: aauw.org under Membership and Renew your Branch Membership. If you do not have an AAUW account, you will need to create one to pay dues online. You will need your Member ID number to set up an account. Please contact Cheri Burch or Claudia Poglitsch if you need help logging online to your AAUW account.

Albuquerque Branch dues for the coming year are \$95 (\$56 tax deductible). Dues for Life Members are \$36. Checks are payable to "AAUW Albuquerque Branch". Honorary Life Members (We have 20.) may make a donation of branch dues or whatever you wish at this time. It is greatly appreciated.

AAUW Buddies

A number of members have become "buddies" to new members. Do not forget to make a special invitation to your AAUW Buddy for the May President's Luncheon.

Are you aware of AAUW membership benefits? Some are listed below:

Get up to 80% discount on certain Office Max or Office Depot items

Discounts to some magazine subscriptions

A request quote from Geico and mention AAUW earns money for AAUW

Online education at AAUW.org

Please welcome Sherry Wolf as a new member

1815 Tierra Vida NW 87107

(928) 897-2841 swolf10@gmail.com

Shila Marek, Vice President Membership

Update Your Yearbook

Mary Strohacker has a new mailing address: P.O. Box 14239, Albuquerque 87191-4239

Ante Muir has a new address: 6520 Dorado Beach NE 87113-6430 Her cell phone number is (505) 804-5166.

Claudia Poglitsch has a new zip code. 87199-2643

Interest Groups

New members are welcome in all interest groups. Contact the chair for information.

Fourth Tuesday:

Those who attended last month's gathering would like to try **Hello Deli** on **April 30 and May 28**, just off Jefferson, north of Masthead; Flying Star is on the corner of the shopping center and HD is towards the back, next to Torinos at Home, a restaurant. We continue to meet at 10:30 as a "drop in " and no-agenda group and hope West Siders will find this a little closer. Call **Janet Matwiyoff, 821-0418** if you need more information.

EXPLORING GAMES. Meets the 4th Thursday. The group will meet on **May 23** from 6:00-9:00 pm ish at the Nob Hill Flying Star, 3416 Central Ave. to play board games. Bring any games you would like to play. You can order dinner or a snack. First time visitors are always welcome to join us. To ensure there are enough chairs let Cheri know you will be attending. **Chair: Cheri Burch, 286-9674**

ART, DRAWING, PAINTING, AND FABRIC ARTS. Meets most Fridays, 10 a.m. to 12:30 p.m. or any hours between at Monte Vista Christian Church, 3501 Campus Blvd. NE, to do individual art projects and to enjoy the fellowship of others interested in art. **Chair: Chris Hill, 828-3926.**

INTERNATIONAL RELATIONS/GREAT DECISIONS. 2nd Fridays, 10:00 a.m. We will meet on Friday **May 10** at 10:00 at Nueva Vista (the usual meeting place at Juan Tabo and Lagrima de Oro - a block north of Montgomery). The topic will be State of the State Department led by Marilyn Dunn. **Chairs: Jan Bray, 291-5867 or Olin Bray, 850-2402.**

MORNING CUISINE. 3rd Tuesdays at 9:30 a.m. (may vary). On **May 21** we will meet at the home of Carolyn Glenn, 503-6463. **Chair: Carolyn Glen, 503-6463.**

ANTIQUe and COLLECTIBLES. 1st Tuesdays at 1:00 p.m. **May 7** at the home of Marilyn Dunn, 8620 Northeastern NE #9. The topic is "A Favorite Summer Vacation Souvenir". Please bring items for "show and tell". Chair: **Claudia Poglitsch, 797-4381.**

CURRENT LITERATURE: 2nd Tuesday, 1:00 pm **May 14** at the home of Liz Gordon, 4059 Dietz Farm Circle NW, 344-7842. Liz will review *The Tattooist of Auschwitz* by Heather Morris. Also, we will sell last year's Traveling Library books. Chair: **Meg Wente, 291-3324.**

MYSTERY. 1st Thursdays at 1:30. **May 2.** Meet in the small meeting room at La Vida Llena's Buena Vista Building, Juan Tabo at Lagrima de Oro. Read: *At Ease with the Dead* by Walter Satterwait. Hosting Mary Strohacker. **Chair: Diane Vadnais, 323-1924.**

TRAVEL. 4th Mondays at 1:30 p.m. Travel Group will not meet in May. **Chair: Ted Cooley, 255-3720**

EVENING CUISINE. 2nd Thursdays. The group will meet at Marianne Helgesen's home for annual social event. Members will be e-mailed or phoned about date and time. **Chair Marianne Helgesen, 286-8956.**

EVENING LITERATURE. 3rd Mondays, 7:30 p.m. **May 20.** The group will review *Pachinko* by Min Jin Lee at the home of Chris Hill. Call or e-mail Sheila for location information. NE. **Chair: Sheila Richmond, 280-8904** or sd rich111@comcast.net.

Calendar

May 4	President's Luncheon: The Canyon Club at Four Hills, 911 Four Hills Rd
May 20	AAUW-ABQ Board meeting- 10-12 noon at Mimi's Café, 4316 The 25 Way NE
May 29-June 1	National Conference for College Women Student Leaders (NCCWSL)
June 17	AAUW ABQ Board Meeting

Contact Information

AAUW Albuquerque E-mail: aauw.abqnm@yahoo.com
AAUW Albuquerque Branch Website: <https://albuquerque-nm.aauw.net>
AAUW Albuquerque Mail Address: PO Box 92643, Albuquerque, 87199-2643
Newsletter Editor: Patricia Maben, pam1246@me.com
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AAUW Website: AAUW.org